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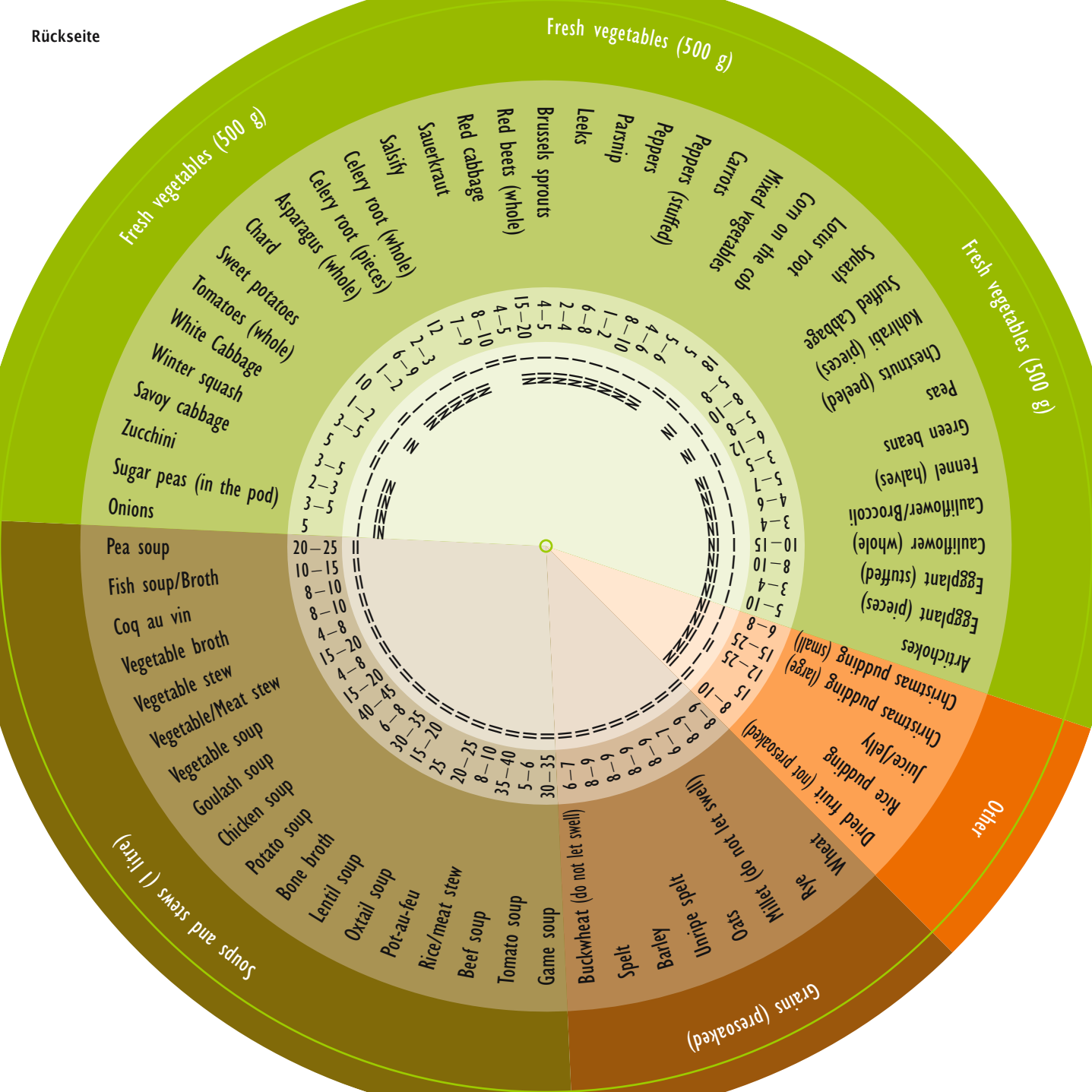
Fresh vegetables (500 g)
Fresh vegetables (500 g)
Artichokes
Eggplant (pieces)
Eggplant (stuffed)
Cauliflower (whole)
Cauliflower/Broccoli
Fennel (halves)
Green beans
Peas
Chestnuts (peeled)
Kohlrabi (pieces)
Stuffed cabbage
Squash
Lotus root
Corn on the cob
Mixed vegetables
Carrots
Peppers (stuffed)
Peppers
Parsnip
Leeks
Brussels sprouts
Red beets (whole)
Red cabbage
Sauerkraut
Salsify
Celery root (whole)
Celery root (pieces)
Asparagus (whole)
Chard
Sweet potatoes
Tomatoes (whole)
White Cabbage
Winter squash
Savoy cabbage
Zucchini
Sugar peas (in the pod)
Onions
Fresh vegetables (500 g)
Other
Christmas pudding (small)
Christmas pudding (large)
Jelly/Juice
Rice pudding
Dried fruit (not presoaked)
Grains (presoaked)
Wheat
Rye
Millet (do not let swell)
Oats
Unripe spelt
Barley
Spelt
Buckwheat (do not let swell)
Soups and stews (1 litre)
Game soup
Tomato soup
Beef soup
Rice/meat stew
Pot-au-feu
Oxtail soup
Lentil soup
Bone broth
Potato soup
Chicken soup
Goulash soup
Vegetable soup
Vegetable/Meat stew
Vegetable stew
Vegetable broth
Coq au vin
Fish soup/Broth
Pea soup